

Slí Shléibhte Bhaile Átha Cliath

Dublin Mountains Way



Is conair shiúil fadraoin náisiúnta 42.5 km é Slí Shléibhte Bhaile Átha Cliath (DMW). Tosaonn an tsíulóid anseo i bpáirc Chuimhneacháin Sean Walsh, ósais 36 heictear de spás oscailte i gcorrólár láirionad uirbeach Thamhlachta. Cuirreann an pháirc deiseanna súgartha ar fáil, le dhá chlós súgartha, agus le haghaidh aclaíochta le líonra fairising cosáin le coillearcháin, féarach agus gnéithe boghaigh, mar aon le fiadhúla gaolmhar mar chuid dóibh, go léir le Sléibhte Bhaile Átha Cliath mar chúlra.

Taistealaíonn bealach DMW ó Pháirc Sean Walsh go dtí tSeanchill in oirdheisceart Bhaile Átha Cliath trasna Shléibhte Bhaile Átha Cliath, feadh an bhealaigh is féidir leat sos a glacadh agus iontas a dhéanamh ar na séadchomharthai a thóg ár sinsir a shiúil trasna Shléibhte Bhaile Átha Cliath freisin. Cuirreann an bealach deiseanna iontacha ar fáil chun an dúrla a thabhairt faoi deara i measc gnáthoga arda Shléibhte Bhaile Átha Cliath agus na radhairc ar Chathair agus ar Chuan Bhaile Átha Cliath agus ar Shléibhte Chill Mhantáin le feiceáil ag an am céanna.

Déantar rangú ar an DMW, ag baint úsáid as rangú conaire Spórt Éireann, mar chonair DHIAN. Tá dreapadh measartha dian i goistí le conair dhian ar feadh codaná fada (suas le 20 nóiméad). D'fhéadfadh an talmh a bheith an-gharbh agus go leor bac mar chuid de. Cuimsíonn an bealach DMW meascán de dhromchláí, conair ghaibhéal, siúlóid ar bhord adhmaid, urlár foraoise agus bothar contae. Tá an bealach seo círúinach i goitinn do dhaointe atá i dtíortha ar chonair garbha a bhfuil teibhéil ard aclaíochta acu, siúlóiri lae no siúlóiri il-laethúla de ghnáth. Tá coisbheart agus éadaí siúl ar leith don taobh amuigh ag teastáil. Is féidir an DMW a bhrieadh i bpíosai atá níos giorra agus é a shiúil thar roinnt laethanta.

Ba chóir do shiúlóiri a bhfuil sé ar intinn acu an DMW a shiúl a bheith ar an eolas go dtéann an DMW trí thaitte ina bhféadfadh beostoc a bheith i láthair, cloig le comharthaiocht sábháiteachta agus rabhaidh le do thoil. Má tá sé i goistí agat an DMW a shiúl le do mhadra, tabhair faoi deara, chun fiadhúla agus beostoc a chosaint ó shuaiteadh nō ó ghortú, go goaithearr gach madra a choinneáil ar éill i gcónaí, gan eisceachtaí.

D'fhorbair Compháirtíocht Shléibhte Bhaile Átha Cliath Slí Shléibhte Bhaile Átha Cliath i 2009, agus ba mhaith leo buiochas a ghabháil leis na húinéir talún go léir ar an mbealach a thug rochtain cheadaitheach dóibh.

Dublin Mountains
Partnership

dublinmountains.ie

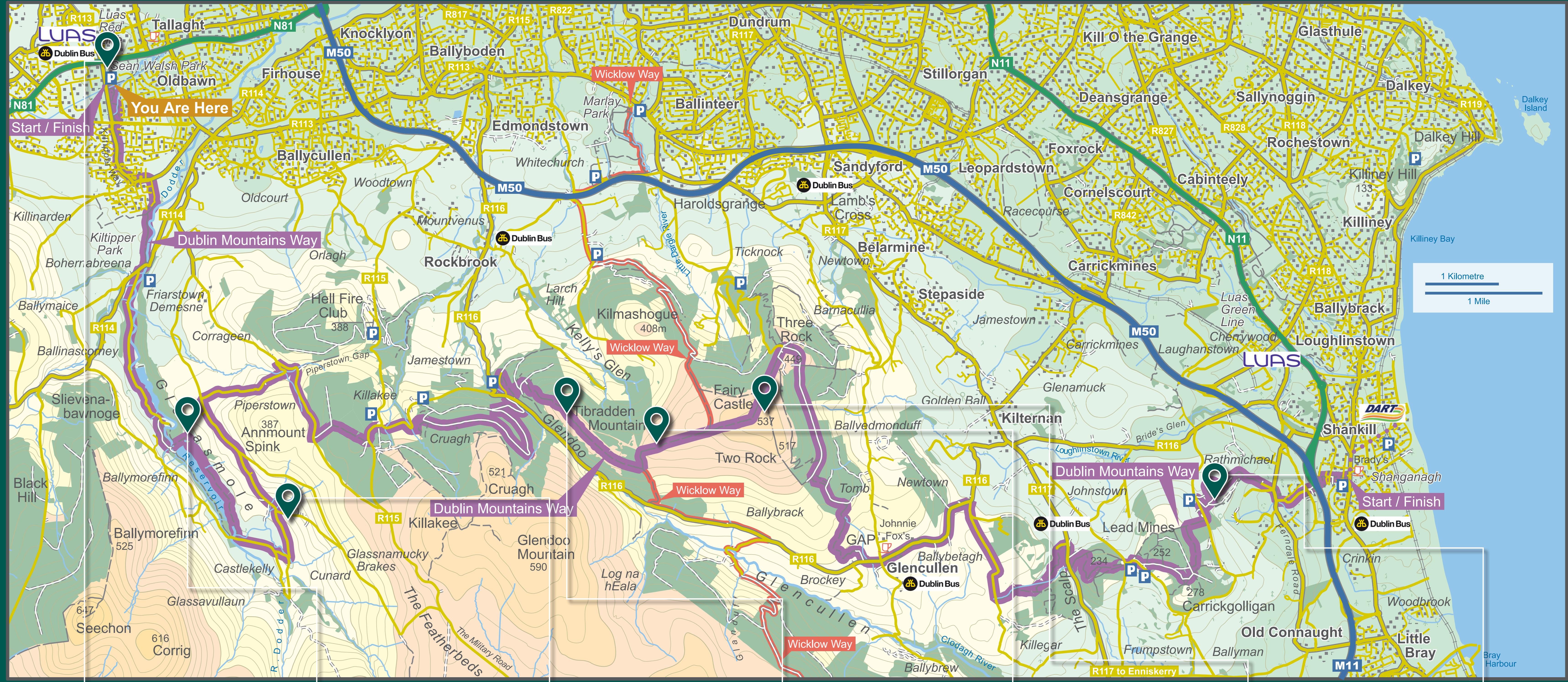
The Dublin Mountains Way (DMW) is a 42.5 km national long-distance walking trail, the walk starts here in Sean Walsh Memorial Park, a 36-hectare oasis of open space in the heart of Tallaght's urban centre. The park provides opportunities for play, with two playgrounds, and for exercise with an extensive network of paths taking in woodland, grassland and wetland features, with associated wildlife, all with the backdrop of the Dublin Mountains.

The DMW route travels from Sean Walsh Park to Shankill in south-east Dublin across the Dublin Mountains, along the route you can pause and wonder at the monuments built by our ancestors who also walked across the Dublin Mountains. The route provides wonderful opportunities to notice nature amongst the upland habitats of the Dublin Mountains while taking in views of Dublin City and Bay and the Wicklow Mountains.

The DMW is classified, using Sport Ireland's trail classification, as a STRENUOUS trail. A strenuous trail has moderately steep climbs for long sections (up to 20 mins). The going underfoot can be extremely rough and can include many obstacles. The DMW route includes a mixture of surfaces, gravel trail, wooden board walk, forest floor and county road. This route is generally suitable for people accustomed to walking rough trails who have a high level of fitness, typically all day or multi-day walkers. Specific outdoor walking footwear and clothing are required. The DMW can be broken up into shorter sections and walked over several days.

Walkers planning to walk the DMW should be aware that the DMW passes through lands where livestock may be present, please abide by safety and warning signage. If you are planning to walk the DMW with your dog note that to protect wildlife and livestock from disturbance or injury all dogs must be kept on leads at all times, no exceptions.

The Dublin Mountains Way was developed in 2009 by the Dublin Mountains Partnership, who would like to thank all the landowners along the route who have given permissive access.



Páirc Sheáin Bhreathnach
Sean Walsh Park



Gleann an Smóil
Glenasmole



Cionn Ard
Cunard



Teach Brúadain
Tibradden



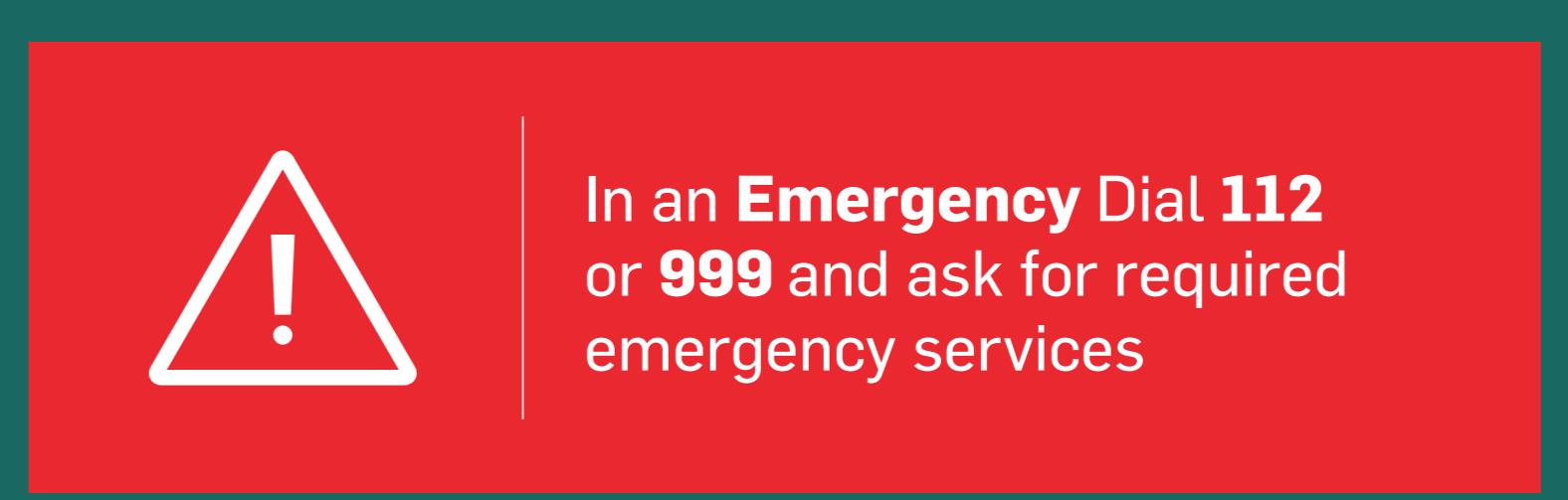
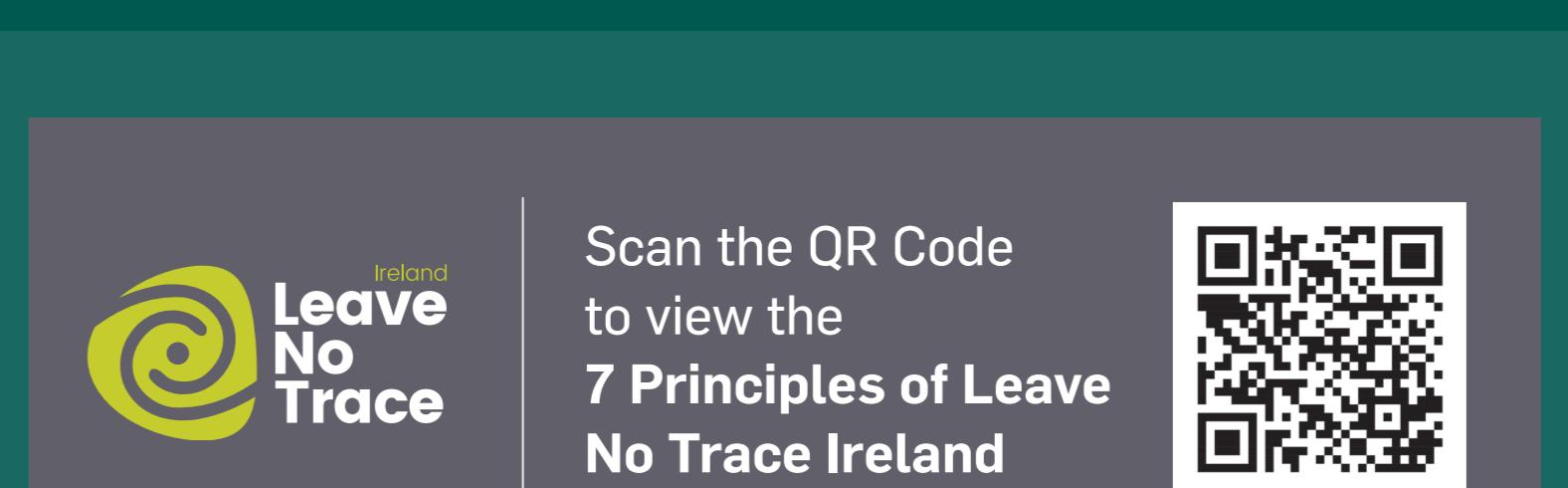
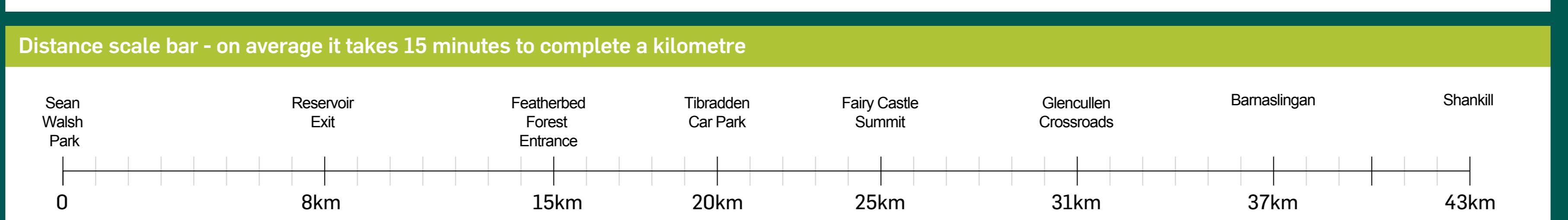
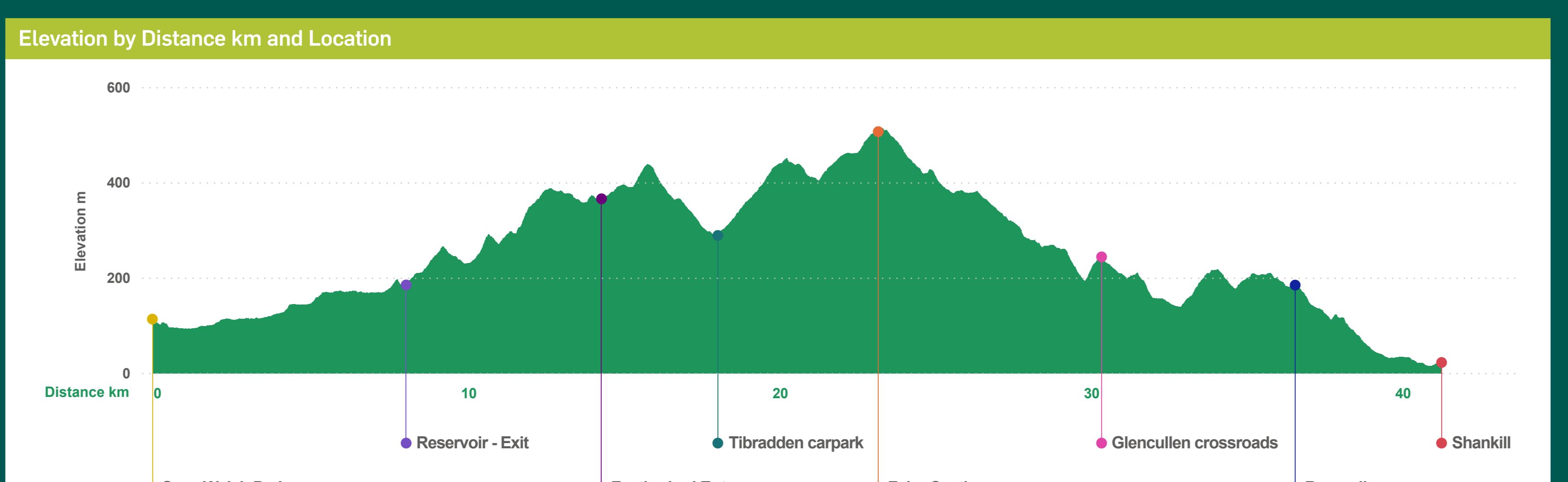
Cearc Fhraoigh
Red Grouse



Carn na Leac
Fairy Castle



Coill Ráth Michil
Rathmichael Wood



Chun tulidealadh eolais a fháil ar Slí Shléibhte Bhaile Átha Cliath, seirbhísí atá ar fáil ar an mbealach san áireamh, agus chun léarscáil agus cur síos ar an mbealach a íoslódáil feadh www.dublinmountains.ie. Postáfar fógraí faoi athruithe bealaigh, idir athruithe sealadacha agus athruithe buana, ar an láithreán grássáin.

Chun aon deacrachaí a thuariscíú ar an mbealach nō chun tulidealadh fainseáise a iarráidh, téigh i dtéagmháil le info@dublinmountains.ie.

For more information on the Dublin Mountains Way, including services available along the route, and to download a map and route description see www.dublinmountains.ie. Notifications of route changes both temporary and permanent will be posted on the website.

To report any issues along the trail or to request additional information please contact info@dublinmountains.ie.