

Slí Shléibhte Bhaile Átha Cliath

Dublin Mountains Way



Is siúlód náisiúnta fadraoin 42.5km é Slí Shléibhte Bhaile Átha Cliath (DMW). Tosaíonn an tsíúlód anseo i Seanchill, i mbrauchbháile a bhfuil crainn ar gach taobh de atá lonnaithe idir an fharráige agus na sléibhte ar theorainn an chontae le Cill Mhantáin. Ceaptar gur thíos an t-ainm Seanchill ó na focail Gaeilge Sean Choiil nó Old Wood mar gheall ar saibhreas na gcoilleannach thart air. Is pointe tosaigh é an brauchbháile measartha óg seo dóibh síúd ar mian leo féachaint thart ar an sráidbháile, an oidhreacht mórhimpseal, páircanna, coilcarnacha agus go leor síúlóidi.. Téann bealach DMW trasna Shléibhte Bhaile Átha Cliath ón áit anseo i Seanchill go dtí Páirc Sean Walsh i dTamlacht, iarthar Bhaile Átha Cliath, ar an mbealach is féidir leat sas agus iontas a dhéanamh ag na séadchomharthaí a thóg ár sinsear agus a shiúl trasna shléibhte Bhaile Átha Cliath freisin.

Déantar rangú ar an DMW, ag baint úsáid as rangú conaire Spórt Éireann, mar chonair DHIAN. Tá dreapadh measartha dian i geist le conair dhian ar feadh codanna fada (suas le 20 nóiméad). D'fhéadfadh an talamh a bheith an-gharbh agus go leor bac mar chuid de. Cuimisinn an bealach DMW meascán de dhromchláí, conair ghairbhéil, siúlód ar bhoradh adhmaid, urlár foraoise agus bóthar contae. Tá an bealach seo oiriúnach i gcoitinne do dhaoine atá i dtíortha ar chonair garbha a bhfuil leibhéal ard aclafochta acu, siúlóirí lae ní síúlóirí il-laethula de ghnáth. Tá coisheart agus éadair síúil ar leith don taobh amuigh ag teastáil. Is féidir an DMW a bhriseadh i bpóisí atá níos giorra agus é a shiúl thar roinnt laethanta.

Ba chóir do shiúlóirí a bhfuil sé ar intinn acu an DMW a shiúl a bheith ar an eolas go dtéann an DMW trí thailte ina bhféadfadh beostoc a bheith i láthair, cloighe le comharthaiocht sábháilteachta agus rabhaidh le do thoil. Má tá sé i goeist agat an DMW a shiúl le do mhádra, tabhair faoi deara, chun fiadhúla agus beostoc a chosaint ó shuaithreach ná ó ghortú, go gcaithfear gach madra a choinneál ar éill i gcónaí, gan eisceachtaí.

D'fhorbair Compháirtíocht Shléibhte Bhaile Átha Cliath Slí Shléibhte Bhaile Átha Cliath i 2009, agus ba mathait leo bufochas a ghabháil leis na húinéirí talún go léir ar an mbealach a thug rochtain cheadaitheach dóibh.

Dublin Mountains
Partnership

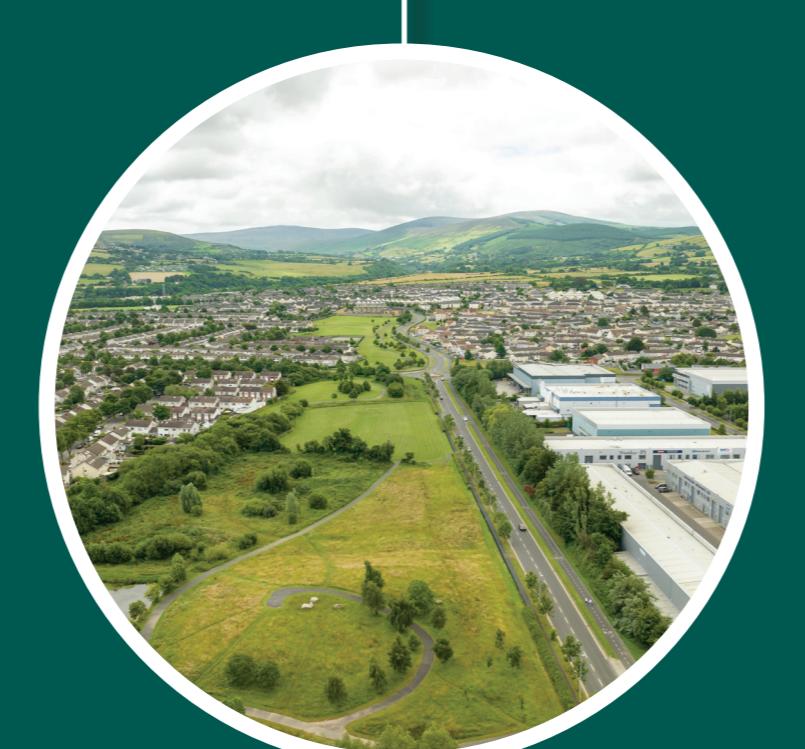
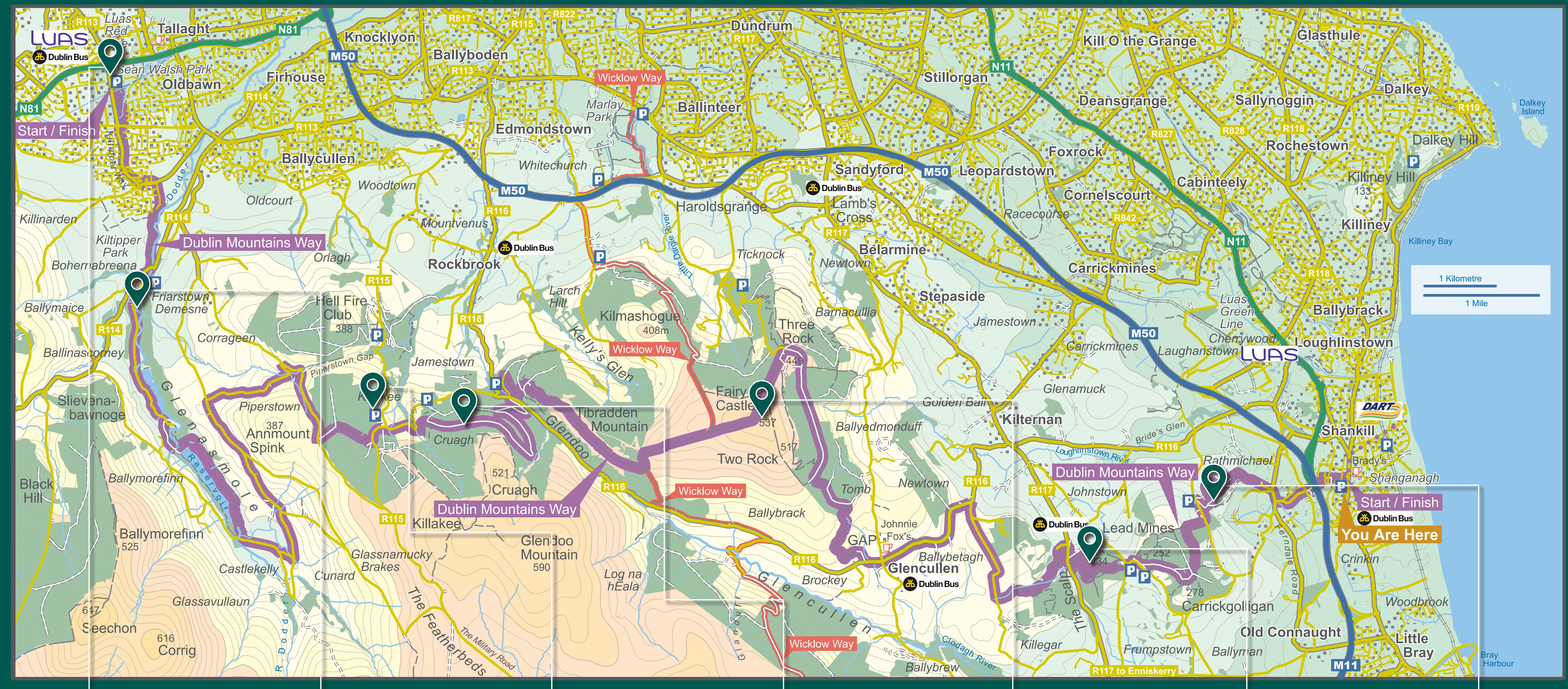
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Dublin Mountains Way (DMW) is a 42.5 km national long-distance walking trail, the walk starts here in Shankill, a tree lined suburb located between the sea and the mountains just on the county border with Wicklow. The name Shankill is thought to have originated from the Irish words Sean Choiil or Old Wood given its wealth of surrounding woodlands. This relatively young suburb is a starting point for those who wish to explore the village, surrounding heritage, parks, woodlands and many walks/hikes. The DMW route travels across the Dublin Mountains from here in Shankill to Sean Walsh Park in Tallaght, west Dublin, along the route you can pause and wonder at the monuments built by our ancestors who also walked across the Dublin Mountains.

The DMW is classified, using Sport Ireland's trail classification, as a STRENUOUS trail. A strenuous trail has moderately steep climbs for long sections (up to 20 mins). The going underfoot can be extremely rough and can include many obstacles. The DMW route includes a mixture of surfaces, gravel trail, wooden board walk, forest floor and county road. This route is generally suitable for people accustomed to walking rough trails who have a high level of fitness, typically all day or multi-day walkers. Specific outdoor walking footwear and clothing are required. The DMW can be broken up into shorter sections and walked over several days.

Walkers planning to walk the DMW should be aware that the DMW passes through lands where livestock may be present, please abide by safety and warning signage. If you are planning to walk the DMW with your dog note that to protect wildlife and livestock from disturbance or injury all dogs must be kept on leads at all times, no exceptions.

The Dublin Mountains Way was developed in 2009 by the Dublin Mountains Partnership, who would like to thank all the landowners along the route who have given permissive access.



Páirc Sheáin Breathnach
Sean Walsh Park



Gleann an Smóil
Glenasmole



Ionad Amháirc Cill Chaoi
Killakee Viewpoint



Coill Chruacháin
Cruagh Wood



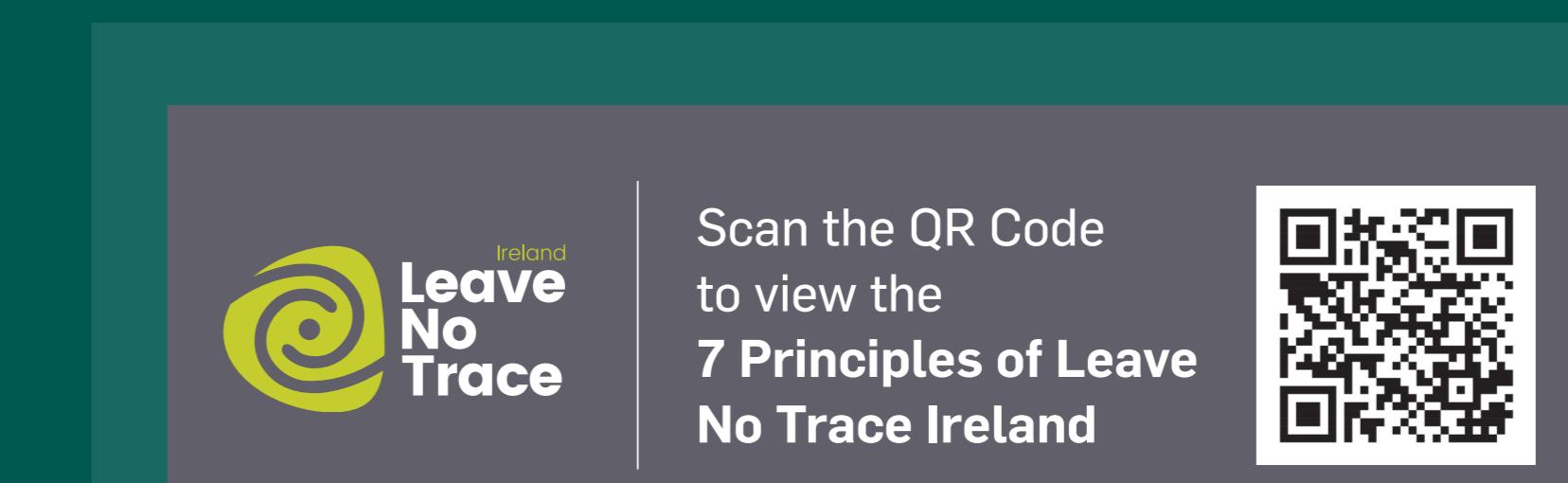
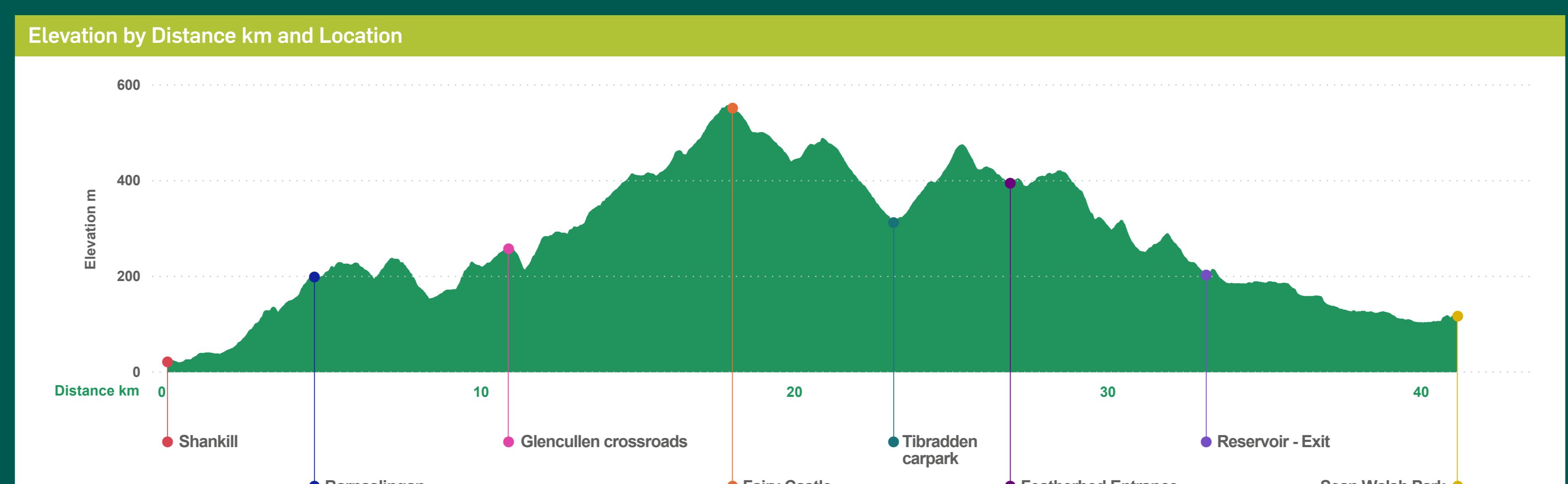
Tigh an Chnoic
Ticknock



Coill Bharr na Slinneán
Barnaslingan Wood



Coill Ráth Michíl
Rathmichael Wood



Chun tuilleadh eolais a fháil ar Slí Shléibhte Bhaile Átha Cliath, seirbhísí atá ar fáil ar an mbealach san áireamh, agus chun léarscáil agus cur síos ar an mbealach a íoscláidítear feadh www.dublinmountains.ie. Postáfar fógraí faoi athruithe bealaigh, idir athruithe sealadacha agus athruithe buana, ar an láithreán grássáin.

Chun aon deacrachaí a thuirisciú ar an mbealach ná chun tuilleadh fainseáise a iarráidh, téigh i dtéagmháil le info@dublinmountains.ie.

For more information on the Dublin Mountains Way, including services available along the route, and to download a map and route description see www.dublinmountains.ie. Notifications of route changes both temporary and permanent will be posted on the website.

To report any issues along the trail or to request additional information please contact info@dublinmountains.ie.