

# Coronavirus COVID-19



Coronavirus  
**COVID-19**  
Public Health  
Advice

## Social Distancing Outside

Spending time outdoors is good for our health.  
**But social responsibility is essential for ALL our health.**



### Avoid

close contact  
with others



### Distance

yourself at least  
2 metres (6 feet) away  
from other people



### Small group

sizes should be kept  
to a minimum



### Don't arrange

to meet up with other  
groups



### Avoid

an area if it looks  
very busy and go  
somewhere else  
for your walk

### For Daily Updates Visit

[www.gov.ie/health-covid-19](http://www.gov.ie/health-covid-19)  
[www.hse.ie](http://www.hse.ie)

Ireland is operating a delay strategy  
in line with **WHO** and **ECDC** advice



Rialtas na hÉireann  
Government of Ireland